



Teacher Training Application

Thank you for your interest in the Body by Lauren Teacher Training. Please fill out the application, save, and email the completed application to info@bodybylauren.com.

Once your application is received, Lauren will reach out to you regarding availability in upcoming trainings.

Date of Application: _____

Where did you hear about the training program? _____

Are you interested in the Yoga, Barre or Sculpt training? _____

Personal Information:

First Name: _____ Last Name: _____ Preferred Name: _____

Date of Birth: _____ Age: _____ Gender: _____

Current Mailing Address: _____

City: _____ State: _____ Zip Code: _____

Primary Phone Number; _____

E-mail: _____

Emergency Contact:

First Name: _____ Last Name: _____

Relationship to You: _____

Primary Phone Number: _____ E-mail: _____